

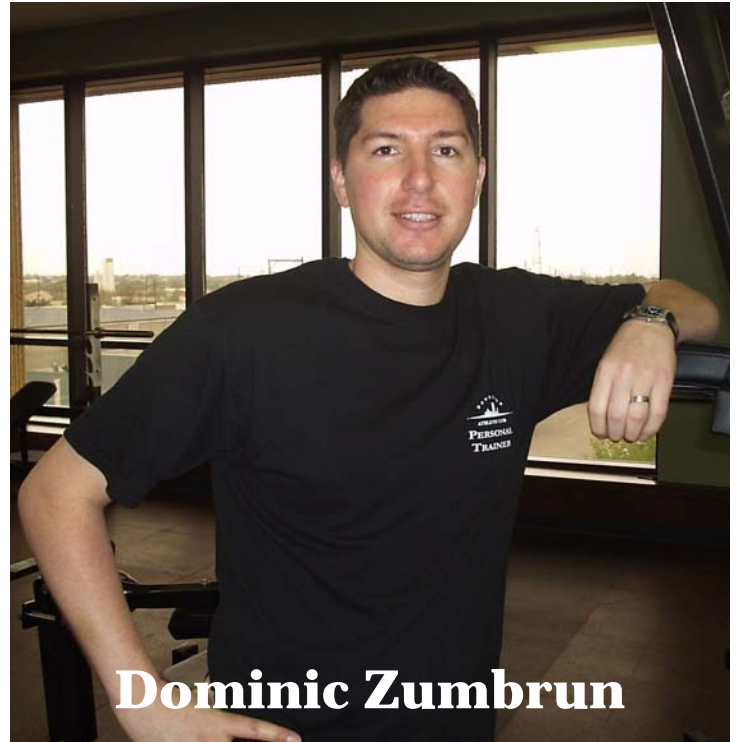
# Dominic Zumbrun

## Certified Personal Trainer

### **FITNESS SPECIALIST**

#### ***DOMINIC ZUMBRUN***

- **IFTA Certified Personal Trainer**
- **BS in Communications - Public Relations from Eastern New Mexico University**
- **Former basketball, baseball, and volleyball player and coach**
- **Lost 15 lbs in four months through running, weight training, and proper nutrition**



**Dominic Zumbrun**

### **DEVELOP/ENHANCE**

- **Core Strength**
- **Injury Prevention**
- **Lifestyle Change**
- **Enjoyment of Exercise**

### **REDUCE/DECREASE**

- **Lower Back Pain**
- **Stress**
- **Body Fat**

### **PERSONAL TRAINING RATES**

<b>1 Session (60 min)</b>	<b>\$40</b>
<b>6 Pack (6 x 60 min)</b>	<b>\$228</b>
<b>12 Pack (12 x 60 min)</b>	<b>\$432</b>
<b>Couple Session (60 min)</b>	<b>\$60</b>
<b>Couple 6 Pack (6 x 60 min)</b>	<b>\$348</b>
<b>Couple 12 Pack (12 x 60 min)</b>	<b>\$672</b>

**Group Rates Available**



**FOR MORE INFORMATION, CONTACT DOMINIC AT 806.324.5568.**