

DOWNTOWN ATHLETIC CLUB

DAC KIDS CLUB GUIDELINES

Hours of Operation:

Weekdays: 8am – 1pm & 4pm – 7pm

Saturday: 8am – 12pm

Age Limitations:

Newborns – 8 years of age:

Children may only be in DAC Kids Club with a DAC caregiver. For the safety and comfort of your children, the following staff ratios will be enforced:

Child to Caregiver Ratio:

10 children maximum per adult caregiver

1 infant* and 8 children per adult caregiver

2 infants* and 6 children per adult caregiver

*infant is defined as 12 months or less

9-12 years of age:

Children may exercise only in racquetball courts or basketball gymnasium and must be accompanied by a parent or legal guardian.

13-15 years of age:

May exercise anywhere in the facility but must be accompanied by a parent or legal guardian.

Cost per Visit:

\$2.00 for the first child, \$1.50 thereafter. DAC Kids Club punch cards may be purchased for a discounted price.

Rules & Regulations:

For the comfort of your children, there is a two hour limit per visit. Drinks & snacks may be brought. Children over 3 will be offered water and animal crackers. For the sake of other children, kids who are ill will not be accepted in the nursery. Parents will be notified immediately if the child is not feeling well during their visit. Please bring a change of underpants in case of emergency. 'DAC Kids Club' staff is under no obligation to care for a child who is unruly, disruptive, or cannot be controlled.

Our Commitment:

It is the DAC's intent to provide a safe, comfortable, and entertaining environment for your children while you exercise. We pride ourselves on having a caring and diligent staff. Please do not hesitate to direct your questions, comments, or concerns to a DAC manager.

